

Standard Administrative Procedure (SAP)

08.01.01.J0.01 Pregnancy and Parenting Rights, Accommodations and Resources for Students

Approved: September 04, 2026

Next Scheduled Review: September 04, 2031

Procedure Summary

Title IX of the Education Amendments of 1972 (Title IX), 20 U. S. C. 1681 *et seq.* is a Federal civil rights law that prohibits discrimination on the basis of sex -- including pregnancy and parental status -- in educational programs and activities. All public and private schools, school districts, colleges, and universities receiving any Federal funds must comply with Title IX. This procedure explains pregnancy and parenting rights, how to request accommodations, and the resources available to students at Texas A&M University-Victoria.

This SAP applies to students. Employees should request pregnancy accommodations through A&M-Victoria SAP 08.01.02.J0.02, *Reasonable Workplace Accommodations*.

Definitions

Pregnancy and related conditions – health conditions including but not limited to childbirth, false pregnancy, miscarriage, termination of pregnancy, conditions arising in connections with pregnancy, and recovering from any of these conditions.

Pregnancy adjustments –Temporary alterations to the classroom environment to allow for student needs due to pregnancy or a pregnancy-related condition such as sitting closer to the door for better access to the bathroom, allowed to have food or drinks in classroom, different desk or chair, bathroom breaks, and temporary access to elevators.

Pregnancy accommodations –Alteration or changes to an academic policy, procedure, or practice due to pregnancy or a pregnancy-related condition. Examples of reasonable accommodations can be found in Texas Education Code, Sec. 51.982, *Protections for Pregnant and Parenting Students*.

Parenting student- current or incoming student at Texas A&M University-Victoria who is the parent or legal guardian of a child younger than 18 years of age.

Procedure

1. Procedure

- 1.1. This procedure provides for the protection and equitable treatment of students who are pregnant or have pregnancy-related conditions. This procedure applies to all aspects of university programs, including but not limited to, admissions, educational programs and activities, and extracurricular activities.
- 1.2. Discrimination against students on the basis of pregnancy or parenting status is prohibited.
- 1.3. Pregnant students may request reasonable adjustments and accommodations for their pregnancy and pregnancy-related conditions. The procedure for requesting an adjustment or accommodation is outlined in Section 3.
- 1.4. As required by Texas Education Code §51.982(e) a pregnant or parenting student will be allowed to take a leave of absence, and if in good academic standing at the time of the leave of absence, will be allowed to return to the student's degree or certificate program in good academic standing without being required to reapply for admission.

2. How to Request Pregnancy and Parenting Accommodations/Adjustments

To request pregnancy accommodations or adjustments, please contact the Pregnancy Accommodation Coordinator with Accessibility & Accommodations, University West 208; phone 361-570-4287, or email worleyc@tamuv.edu.

3. Pregnancy Accommodation Request and Approval Process

- 3.1. Students must submit requests for pregnancy accommodation/adjustments to the coordinator listed in Section 2 of the SAP. The following documentation will be needed to support the request:
 - Student's request for accommodation/adjustment, either verbal or written
 - Written documentation from a medical provider which includes due date, date released to return to school, and any other case specific information requested by an accommodation coordinator.
- 3.2. Interactive process – the student and accommodations coordinator will engage in discussions regarding accommodations and limitations due to pregnancy or related conditions to determine what reasonable adjustments and accommodations are needed for each class.
- 3.3. Assessment of accommodation request – a pregnancy accommodations agreement explaining proposed accommodations will be drafted and sent to the student and

professor(s) for review and comments.

3.4. Determination of accommodations and notice:

3.4.1. If accommodations are approved, the Pregnancy Accommodations Agreement will become effective and a copy of the agreement will be sent to the student and the student's instructors for implementation.

3.4.2. Requests for accommodations/adjustments may be denied under some circumstances, including but not limited to the following:

3.4.2.1. The requested accommodation poses an undue hardship on the operations of the University;

3.4.2.2. The requested accommodation would eliminate or change the learning objectives of the class;

3.4.2.3. The student is not responsive to requests for information needed to finalize the accommodation;

3.4.2.4. The requested accommodation is not supported by the medical documentation; and/or

3.4.2.5. The requested accommodation is illegal.

4. Lactation Spaces

4.1. A lactation space is available on the A&M-Victoria campus in University West Room 103. [Lactation Room - Pregnant and Parenting Resources | Texas A&M University-Victoria](#)

5. Parenting and Pregnancy resources

5.1 Pregnant and Parenting Resources webpage
<https://www.tamuv.edu/title-ix/resources/pregnant-and-parenting-resources/>

6. Report Discrimination

6.1. Regardless of your location, students who experience or observe discrimination or harassment based on a protected class including but not limited to pregnancy and parenting are encouraged to make a Title IX report at <https://www.tamuv.edu/title-ix/>.

Related Statutes, Policies, or Requirements

[Texas Education Code Section 51.9357, *Designation of Liaison Officer to Assist Certain Students who are Parent; Report*](#)

[Texas Education Code Section 51.982, *Protections for Pregnant and Parenting Students*](#)

[Texas A&M System Regulation 08.01.01, *Civil Rights Compliance*](#)

[Texas A&M System Regulation 08.01.02, *Civil Rights Protections for Individuals with Disabilities and Certain Other Employees*](#)

Contact Offices

Texas A&M University-Victoria
Pregnancy Accommodations Coordinator
Student Services Suite 2108
361-570-4287